### Resources which can support your initiatives:

- The World Council of Churches (WCC) website has a wealth of resources for the Churches' Commitments to Children: www.oikoumene.org/resources-children
- The Economist Intelligence Unit's "Out of the Shadows" Index:
  Please scroll down to the resources section.
  https://outoftheshadows.eiu.com
- Together for Girls: Proven solutions and best practices to prevent and respond to sexual violence against children and youth. www.togetherforgirls.org/svsolutions
- Child-friendly video: A child-friendly video encourages children concerned to contact a toll-free Child Helpline. (Produced by UKbased <u>Childline</u> - www.childline.org.uk) www.youtube.com/watch?v=fCA6EhBhiC8
- INSPIRE: Seven strategies for ending violence against children. www.end-violence.org/inspire
- WePROTECT: Tackling online risks with the international movement dedicated to national and global action.
  www.weprotect.org
- The Optional Protocol to the Convention on the Rights of the Child on the sale of children, child prostitution and child pornography (OSPC):

  The link www.ecpat.org/opsc will take you to a summary of this protocol, where the full guidelines and the resources can be accessed.

### Online self-help tools for potential offenders

The Lucy Faithfull Foundation's
"Stop It Now" campaign has
anonymous online self-help tools for
potential offenders.

www.get-support.stopitnow.org.uk www.get-help.stopitnow.org.uk

Save the Children Finland provides an anonymous "self-help" website to understand and evaluate these feelings. If in doubt, talk to a trusted doctor to find help.

www.savethechildren.fi/selfhelp





# Helping Children Out of the Shadows and Into the Light

CHURCH RESOURCES FOR ENDING SEXUAL VIOLENCE AGAINST CHILDREN

## The divine light shines most brightly in the smiles of children.

So Christians have always acknowledged their sacred duty to nurture children and protect them from harm.

Now the World Council of Churches (WCC), through its "Churches' Commitments to Children" programme, is promoting the "Out of the Shadows" campaign to support local churches and regional partners in protecting children and adolescents from sexual violence. The campaign can help churches identify important issues and develop ways to address them.

God is light; in God there is no darkness at all.

#### What is the Out of the Shadows Index?

The Out of the Shadows Index, which was developed by The Economist Intelligence Unit, measures how national actors in 60 countries address child sexual abuse and exploitation. The index, which focuses on policies, practices and standards, reveals that much more needs to be done to achieve the United Nations' goal of ending all forms of violence against children by 2030.

The index evaluated critical issues in each country, including education and awareness-building, reproductive health, gender norms, victim support, law enforcement and child sexual abuse online.

### What does this mean for the churches' efforts to end child sexual abuse?

This index shows that there are proven steps that all countries can take right now to end child sexual abuse. Civil society actors, including churches, are well placed to raise awareness of threats of child sexual abuse, put in place preventive measures, and support victims, especially among the most vulnerable.

### **Key findings from the Out of the Shadows Index**

Achieving Target 16.2 of the UN Sustainable Development Goals means ending all forms of violence against children by 2030. The **Out of the Shadows Index** research shows that:

**Progress is possible** even when resources are limited.

Gaps need to be addressed in the protective conditions for children even in the wealthiest countries. Many countries have strong legal frameworks for protecting children from sexual abuse and exploitation, but policies are not sufficiently implemented.

Child sexual abuse includes non-contact abuse, such as exposure to sexual language and images. Such violence is intimately linked to mental health challenges later in life. Boys are overlooked: Nearly half of the 60 countries do not have legal protections for boys within their child rape laws, while only 19 countries collect data about sexual abuse of boys.

Many victims do not disclose child sexual abuse for many years and are hindered by time limits on filing charges in response. Only 1% of victims of child sexual abuse have sought professional help.

Engagement is needed to better protect children against online child sexual abuse. It is alarming that mobile telecoms associations in only 15 out of the 60 countries have identified sexual violence against children as a clear priority.

Complete rankings and country summaries are available at www.outoftheshadows.eiu.com

Together, we can help children affected by sexual abuse to step out of the shadows and into the light.